

ÁRSTÍÐIR



Gunnar, Ragnar & Daníel. Picture by Lisa Nowinski

“If you've ever longed for the combination of Sigur Rós and Radiohead combined - listen no further”
SleepingBagStudios

Volcanic Eruptions

Árstíðir from Iceland is at it again, preparing the release of their new album *BLIK* on September the 15, courtesy of **M.A.R.S. Worldwide Music**.

Árstíðir leapt onto the international arena in 2010 as clouds of ash from the *Eyljafjallajökull* volcano spread across Europe making Iceland the talk of the day. Having spawned two #1 hit singles in Iceland, the eclectic trio formed two years earlier in Reykjavík now embarked on a relentless touring excursion spanning Siberia to San Diego, Zagreb to Svalbard, while at the same time going viral with an *800 year old hymn* performed impromptu at a train station and gathering a cult like following by devoted fans that has crowdfunded half of the band's 8 album strong discography.

The bedrock of Árstíðir's music is the chemistry between members, Daníel, Gunnar & Ragnar and their shared passion for vocal harmonies. At the core the songs are pop music with gripping choruses, robed in suave and sometimes surprising arrangements. Never afraid to experiment the band has collaborated with the likes of *Ólafur Arnalds & Nils Frahm* as well as creating two collaborative albums with Iceland's premier songwriting legend *Magnús Þór Sigmundsson* & their loved touring partner of yore *Anneke Van Giersbergen*.

An indie band in both music and modus operandi, the three Icelanders have built their status as one of Iceland's most proactive bands through relentless touring and years of hard work, and is slowly earning the admiration and respect of the music industry. In 2019 a panel consisting of Tow Waits, Robert Smith (The Cure) and Beth Gibbons (Portishead) crowned the band's album *Nivalis* 'Indie album of the year' at the Independent Music Awards. The band's new album *BLIK*, due to be released on September 15 this year, constitutes their most commercial production to date with songs commanding the listeners to finish their Gin & Tonic and brave the dance floor.

Past Festivals Highlights.

- North By Northwest (NXNW), Toronto, Canada
- Common Ground Music Festival, Lansing, USA
- Eurosonic Noorderslag (ESNS), Groningen, The Netherlands
- Colours of Ostrava, Ostrava, Czech Republik
- Iceland Airwaves, Reykjavík, Iceland.
- By:Larm, Oslo, Norway
- Nordklang Festival, Gallen, Switzerland
- Nordic Delight Festival, Utrecht, The Netherlands
- Rudolstadt-Festival, Rudolstadt/Thuringia, Germany
- Bardentreffen, Nürnberg, Germany
- Rozstaje/Crossroads Festival, Krakow, Poland
- Polar Jazz, Longyearbyen, Spitsbergen
- Castlefest, Lisse, The Netherlands
- Brainstorm Festival, Apeldoorn, The Netherlands
- Musicport Festival, Whitby, The United Kingdom
- Gabya Festival, Klaipeda, Lithuania
- Varna Summer International Music Festival, Varna, Bulgaria
- Summer Solstice Festival, Reykjavík, Iceland

Discography:

- *Árstíðir* (2009)
- *Svefns og vöku skil* (2011)
- *Tvíeind*, EP (2012)
- *Hvel* (2015)
- *Verloren Verleden* (2016) – collaboration with Anneke Van Giersbergen
- *Garðurinn minn* (2018) – collaboration with Magnús Þór Sigmundsson
- *Nivalis* (2018)
- *Pendúll* (2021)
- *Blik* (due September 2023)

Awards:

- Eiserner Eversteiner Folk Music Awards, 2012
- Album of the year, Independent Music Awards (IMA), 2019
- Music video of the year, Independent Music Awards (IMA), 2020
- Acoustic song of the year, International Acoustic Music Awards (IAMA) 2021
- Song of the year, The John Lennon Songwriting Competition (2021)

Press Highlights:

“Árstíðir can be Iceland's next breakout band.”

Examiner.com

“Watch out for Árstíðir - this band is going to be a global sensation one day.”

SleepingBagStudios

“They sound big and orchestral like Sigur Rós and, like Ólöf Arnalds, they strike that magic balance between intimacy and mystery.”

MTV Iggy

“The delivery is mesmeric.”

Record of the Day

“If you think that Iceland is only Björk and Sigur Rós, listen to Árstíðir!”

Magnetoffon